

# PSYCHOISIS

## EARLY INTERVENTION

[www.get.gg/psychosisclock.htm](http://www.get.gg/psychosisclock.htm)

### ASSESS

Early symptoms; Poor sleep, panic, mood changes, withdrawal, isolation, difficulty in work, education and relationships.

Suspicion, mistrust, perceptual changes

MONITOR and follow up missed appointments

GIVE education, support and information

INCLUDE family, friends and carers

**REFER to specialist mental health services for early intervention in psychosis**

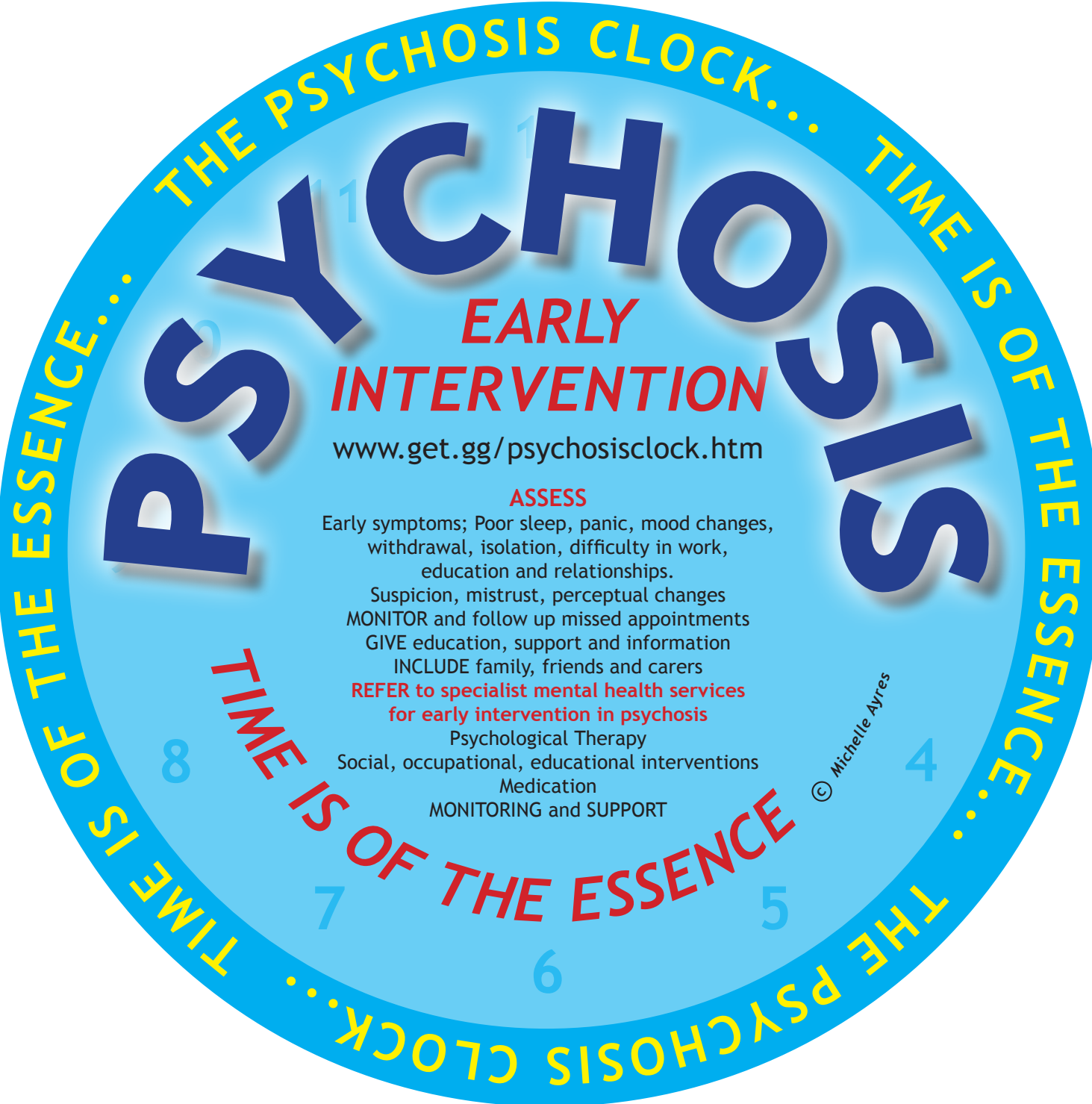
Psychological Therapy

Social, occupational, educational interventions

Medication

MONITORING and SUPPORT

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## The Psychosis Clock ©

For display in GP surgeries, mental health, education, social care  
or associated environments

Remember that;

**Early Intervention in Psychosis improves the outcome for clients...**  
the clock is ticking...

Useful website, links, copies of The Psychosis Clock and an accompanying  
power point presentation can be freely downloaded at;

[www.get.gg/psychosisclock.htm](http://www.get.gg/psychosisclock.htm)

[www.getselfhelp.co.uk/psychosisclock.htm](http://www.getselfhelp.co.uk/psychosisclock.htm)

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