ASSESS
Early symptoms; Poor sleep, panic, mood changes, withdrawal, isolation, difficulty in work, education and relationships.
Suspicion, mistrust, perceptual changes
MONITOR and follow up missed appointments
GIVE education, support and information
INCLUDE family, friends and carers
REFER to specialist mental health services for early intervention in psychosis
Psychological Therapy
Social, occupational, educational interventions
Medication
MONITORing and SUPPORT
The Psychosis Clock ©
For display in GP surgeries, mental health, education, social care or associated environments
Remember that;
Early Intervention in Psychosis improves the outcome for clients...
the clock is ticking...
Useful website, links, copies of The Psychosis Clock and an accompanying power point presentation can be freely downloaded at;
www.get.gg/psychosisclock.htm
www.getselfhelp.co.uk/psychosisclock.htm
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