Weekly Activity Diary - BACE

Day → Activity							
Body care Exercise Healthy eating Treat illness Rest & sleep	АМ						
	PM						
	EVE						
Achievement Work Chores Study	AM	АМ	AM	AM	AM	АМ	АМ
	PM	PM	PM	PM	PM	РМ	РМ
	EVE						
Connect with others Friends Family Community	AM	AM	AM	АМ	AM	АМ	АМ
	PM	PM	PM	PM	PM	РМ	РМ
	EVE						
Enjoyment Play Fun Pleasure	АМ	АМ	AM	AM	АМ	АМ	АМ
	PM	PM	PM	PM	РМ	РМ	РМ
	EVE						