Therapy Goals

Name:	Number/DoB:	Date:

Goal :	1:									
What steps can I make towards achieving this goal?										
On a scale of $0 - 10$ with 0 being totally not achieved and 10 being totally achieved, how far along the scale am I now, with regard to this goal?										
0	1	2	3	4	5	6	7	8	9	10
Not at achieve					Moderately achieved					otally chieved

Goal 2	:									
What st	eps can I	make to	wards ac	chieving) this goal?					
	ale of 0 – 1 e am I now				chieved and	10 being	totally achi	eved, how	ı far	along
<u>0</u> Not at al achieved		2	3	4	5 Moderately achieved	6	7	8	9	10 Totally achieved

Goal 3:										
What steps can I make towards achieving this goal?										
On a scale of $0 - 10$ with 0 being totally not achieved and 10 being totally achieved, how far along the scale am I now, with regard to this goal?										
0 Not at all achieved	1	2	3	4	5 Moderately achieved	6	7	8		<u>10</u> Totally achieved