

Structural Profile Inventory

In the space next to each of the following items, please write down the number that most accurately reflects your opinion:

Strongly disagree	Moderately disagree	Slightly disagree	Neutral	Slightly agree	Moderately agree	Strongly agree
1	2	3	4	5	6	7

Name.....

1	I tend to plan things and think about them a great deal
2	I often imagine situations "in pictures"
3	In making decisions, I often let my feelings and emotions determine what I should do
4	Basically, I'm in excellent health
5	I can form clear mental pictures
6	I get sufficient rest and relaxation
7	I would probably be described as "active and energetic"
8	I would NOT be described as a "loner"
9	I am a very active person
10	I am a "good person"
11	I follow good nutritional habits
12	Most of the time, I'd rather be with other people than alone
13	I often engage in intellectual activities
14	I can form vivid pictures in my imagination
15	I avoid overeating, too much alcohol, and keep away from harmful substances
16	I am tuned in to my senses – what I see, hear, taste, smell and touch
17	Friendships are very important to me
18	I consider myself sexual and sensual
19	I usually think before acting
20	I am aware of the ways in which my senses react to different stimuli
21	I am an imaginative person
22	I have very deep feelings and ideas
23	I reason most things out quite thoroughly
24	I keep busy doing things
25	I think more in pictures than in words
26	I take good care of my body
27	I keep occupied and on the go
28	I pay a lot of attention to my feelings and emotions
29	I have several close or intimate friends
30	I focus a great deal on my bodily sensations
31	I am a very emotional person
32	I analyse things quite thoroughly
33	My feelings are easily aroused and/or changeable
34	I am full of pep and vigour
35	Most of my five senses are very keen (smell, taste, see, hear, touch)

Behaviour: 7, 9, 24, 27, 34
 Affect: 3, 22, 28, 31, 33
 Sensation: 16, 18, 20, 30, 35
 Imagery: 2, 5, 14, 21, 25
 Cognition: 1, 13, 19, 23, 32
 Interpersonal: 8, 10, 12, 17, 29
 Drugs/Health: 4, 6, 11, 15, 26